



2026 SUMMER MENU

STARTERS

Halloumi

Deep fried haloumi on dressed leaves and a spicy tomato dip - £9.95

Tiger Prawns

Panko coated tiger prawns, dressed leaves & a Korean Chilli Mayo - £10.75

Dipping Bread

Sourdough dipping bread with virgin olive oil and balsamic vinegar - £7.50

Fried Cauliflower

Sticky Korean fried cauliflower with gem lettuce and sesame seeds - £8.95
Swap Cauliflower for Chicken - £9.95

Korean BBQ Steak

Korean BBQ Rump steak Strips with Asian salad and a soy citrus dressing - £10.75

Ceasar Salad

Baby gem lettuce tossed with crispy croutons, shaved parmesan and Ceasar dressing - £9.00

Calamari

Crispy coated calamari on a pickled Asian slaw with an oriental soy dipping sauce- £9.95

Mexican Dirty Fries

Crispy Fries topped with Salsa, sour cream, pickled red onions & spring onions - £11.50
With BBQ Chicken - £14.50

Nachos

Loaded with salsa & melted cheese served with guacamole & soured cream - £11.50

Garlic Bread - £5.50

Garlic Bread with Cheese - £6.95

MAINS

Korean BBQ Steak Salad

Korean BBQ rump steak salad Strips with Asian vegetables, soy and citrus dressing and crispy onions - £19.00

Beef Bourguignon

Diced braised steak in red wine sauce with onions & garlic, buttered new potatoes and mixed green vegetables - £20.50

Caesar Salad

Baby gem lettuce tossed with crispy croutons, shaved parmesan and Ceasar dressing - £14.00

With Chicken - £17.50

Chicken & Stilton

Grilled butterflied chicken breast with creamy stilton sauce, crispy bacon, rosemary salted fried new potatoes and mixed green vegetables - £21.50

Hunters Chicken

Grilled butterflied chicken breast with crispy bacon, smoky BBQ sauce, melted cheese, chips, salad and coleslaw - £20.50

Teryaki Stir-fry

Stir fried vegetables with garlic and ginger, teriyaki sauce and egg noodles - £16.75
With Chicken - £19.75

Fish & Chips

Beer battered local fish with chips and mushy peas - Sml £13.75 / Lg £18.75
Add Curry Sauce £2.95

Scampi

Wholetail breaded Scampi with chips and garden peas - £17.50

Steak Sandwich

Char-grilled steak on toasted bread with herb and mustard butter, mixed salad and fries - £18.95
With Stilton - £20.95

Catch of the Day

with crushed new potatoes, herb and mustard butter and a medley of green Veg - £POA

GRILLS

Gammon

10 oz Gammon steak with egg & pineapple, garden peas and chips - £19.75

Philip Warrens Rump Steak

Served with mushrooms, tomato, garden peas, and chips - 5 oz £19.95 / 10 oz £28.50

Add a Sauce

Peppercorn sauce - £3.50 Stilton sauce - £3.50

Add Onion Rings - £4.95

BURGERS

(In a ciabatta roll with baby gem lettuce and tomato served with coleslaw, fries and an onion ring)

6 oz Philip Warrens steak burger with cheese & smoked bacon - £19.75

Double up your burger Add £5.50

6oz Philip Warrens steak burger with Bacon & stilton - £21.50

Double up your burger Add £5.50

Halloumi Burger with a Garlic mushroom & spicy tomato Dip - £19.75

BBQ Chicken Burger topped with cheese and smoked bacon - £19.75

SIDES

Fries - £4.75

Side salad - £4.50

Fries with cheese - £5.75

Jug of gravy - £1.95

Chips - £4.75

Onion rings - £4.95

Chips with cheese - £5.75

Coleslaw - £3.25

Sweet potato fries - £4.95

Curry Sauce - £2.95

Sweet potato fries with cheese - £5.95

DESSERTS

Lemon Meringue Pie

Strawberry & chocolate Pavlova with chocolate shards

Chocolate brownie with chocolate sauce and Vanilla Ice Cream

Sticky toffee pudding with toffee sauce and Honeycomb Ice Cream

Vanilla crème brulee with shortbread biscuits

£8.75

Selection of cheese & biscuits with chutney - £12.50

(Extra Biscuits £2.70)

A selection of Dunstaple Ice Creams:

Clotted Cream Vanilla

Strawberry

Honeycomb

Double Chocolate

1 scoop - £2.50

2 scoops - £4.95

A selection of sorbets:

Mango

Passionfruit

Lemon

3 scoops - £7.00

PLEASE NOTE:

Much of our menu may be adjusted to suit other allergies. Please ask your server for details.

The Rydon Inn uses exceptional efforts in sourcing, preparing & handling foods to avoid the introduction of a named allergen. However, we cannot guarantee that allergens have not been introduced during another stage of the food chain process. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur outside of our control.

Please make your server aware of any dietary requirements or allergies when ordering food.